

INSPIRE

Studies



ROYAL ACADEMY
OF DANCE

14+ DANCE
Scholarship Foundation

Study 1 – Allegro with Batterie - All

Johann Sebastian Bach – Gavotte, French Suite in G

Commence: Centre en croisé, Classical pose right foot derrière or dégagé derrière arms demi-bras

Intro – 2 bars

On last count close right foot to 5th derrière en face

Arms to bras bas

1	Échappé sauté to 2 nd en face	Arms through 1 st to 2 nd
2	Sissonne passé derrière with left foot finish derrière facing 5	Arms up sideways to 5 th with side bend, body inclined to left
3-4	Posé en avant with left foot and assemblé en avant with right foot	Arms reverse through 1 st position to left arm forward in 2 nd arabesque line
5-6	3/4 detourné finish facing 6 left foot front 5 th on demi-pointe	Arms to 5 th
&7	Ballonné écarté with left foot passing derrière	Leave left arm in 4 th and lower right arm to 2 nd
&8	Assemblé over	Opening left arm to 2 nd
&1	Entrechat cinq derrière and posé right foot écarté upstage left foot retiré devant	Sweep arms from 2 nd across body to right to 3 rd arabesque or 3 rd arms, line upstage head looking up to audience
2	Close 5 th	Arms remain
3-4	2 entrechats quatres	Lowering arms to bras bas
5-6	Turning to face 5 glissade devant with left foot travelling upstage towards 8, assemblé dessous	Full port de bras to 4 th open, left arm up looking to audience. Open wrists on assemble
7-8	Changement battu, entrechat trois derrière	Lowering arms to bras bas
1-4	Glissade derrière and jeté battu derrière towards 8, repeat glissade derrière and jeté battu toward 6, remain facing 5	Arms 3 rd opposition but opening hand upwards on each jeté
5-6	Coupé brisé derrière	Full port de bras into 2 nd arabesque line
7-8	Pas de bourrée dessous en tournant	Arms to bras bas
1-4	4 brisés dessus travelling downstage towards 6 with use of épaulement.	Arms lifting gradually to open arabesque line, eyes follow hand
&	Pick up back foot into small attitude devant	
5-7&	6 petits jetés devant traveling in circle round to right	Right arm port de bras to 4 th
8	Petit assemble devant. Finish centre	Arms through 2 nd to bras bas
	Repeat all to the other side but in place of last petit assemble step forward on left foot to Classical pose en croisé or dégagé derrière arms demi-bras	Full port de bras to demi-bras

Finish Centre

Study 1 - Allegro with batterie

Gavotte from the French Suite No. 5 in G major BWV 816

Allegretto $\text{♩} = 96$

Johann Sebastian Bach

System 1: Treble staff starts with a forte (*f*) dynamic. Bass staff has a repeat sign. Fingerings: 3 2 1 3 1 3 4 5 2 1 3.

System 2: Treble staff has a piano (*p*) dynamic. Bass staff has a piano (*p*) dynamic. Fingerings: 1 3 2 2 1 3 5 2 4 3 2 4.

System 3: Treble staff has a mezzo-forte (*mf*) dynamic. Bass staff has a mezzo-forte (*mf*) dynamic. Fingerings: 1 1 3 5 3 1 3 4 3 2 1 5.

System 4: Treble staff has a forte (*f*) dynamic. Bass staff has a forte (*f*) dynamic. Fingerings: 1 3 1 3 1 3 2 1 3 1 4 1.

System 5: Treble staff has a mezzo-forte (*mf*) dynamic. Bass staff has a mezzo-forte (*mf*) dynamic. Fingerings: 1 2 3 4 5 1 2 3 4 5.

System 6: Treble staff has a forte (*f*) dynamic. Bass staff has a forte (*f*) dynamic. Fingerings: 1 2 3 4 5 1 2 3 4 5.

Study 2 – Grand Allegro

(To be performed by dancers who identify as female)

Wolfgang Amadeus Mozart: Rondo alla Turca, from "Piano Sonata No. 11 in A major

Commence: Upstage left en croisé, Classical pose right foot derrière

Intro – 4 bars

1	Posé temps levé on right towards 6 with accent up left leg in arabesque	Full port de bras to 4 th with left arm and use of épaulement — head and eyes follow arm
2-3	Travelling well downstage towards 6 repeat pose temps levé twice	Full port de bras to 4 th right arm raised and full port de bras to 4 th left arm raised
4	Pose en avant on left	Opening left arm to audience
&a	First two steps of wide pas de bourrée over with right	
5-6	Swish right foot through 1 st on demi-plié and temps levé in 2 nd arabesque	Arms reverse through 1 st position and under sweep to 2 nd arabesque line
7-8	Travelling upstage pas de bourrée assemblé dessus en tournant finish facing 6	Full port de bras to 5 th and hold on landing head to 1
1-2	2 runs en avant commencing with back foot and grand jeté en avant in 2 nd arabesque	
3-4	Repeat counts 1-2 to left	
5-8	Temps levé on right in 1 st arabesque en ouvert and run round to right upstage corner and stand in classical pose on right foot facing 5	From the arabesque arms move into 4 th on run and open into 2 nd
&1	Brisé en avant with back foot right leg extended devant	Arms 1 st
2	Jeté élané en avant	2 nd arabesque line
&3	Pas de chat to left	Full port de bras to 5 th head turned to left
&a4	Pas de bourrée dessus with back foot	Arms open to 2 nd and turn wrists down, head to right on count 4
5-8	Repeat last 4 counts travelling well	
1-2	Step back on left and posé temps levé, swishing right leg through to arabesque	Right arm full port de bras to 4 th with use épaulement
3-4	Repeat posé temps levé on right	Open right arm 2 nd , left arm to 4 th
&	Step back on left dégagé right devant en croisé	Arms 3 rd position right arm forward
5-8	Chaînés towards 6 finishing on right foot left foot dégagé derrière en ouvert	Arms 3 rd arabesque line looking to audience
	Candidates choice of side	

Study 2 - Grand allegro

Rondo "Alla Turca" from Piano Sonata No. 11 in A major K. 311, 3rd Movement

Allegretto $\text{♩} = 144$

Wolfgang Amadeus Mozart

The musical score is written for piano and consists of five systems. The key signature is A major (one sharp) and the time signature is 2/4. The tempo is marked Allegretto with a quarter note equal to 144 beats per minute. The dynamics are as follows:
 - System 1: *f* (forte) in the first measure, *p* (piano) in the fifth measure.
 - System 2: *mf* (mezzo-forte) in the third measure.
 - System 3: *mf* in the second measure, *p* in the fifth measure.
 - System 4: *cresc.* (crescendo) in the fifth measure.
 - System 5: *mp* (mezzo-piano) in the second measure.
 The piece features a recurring eighth-note melody in the right hand and a steady bass line in the left hand. The score includes various musical notations such as slurs, ties, and trills.

Study 3 – Grand Allegro

(To be performed by dancers who identify as male)

Johann Strauss II, Kaiser-Walzer (“Emperor” Waltz) Op.437

Commence: Upstage right en croise, left leg dégagé derrière, arms bras bas

Intro – 4 bars

Intro 1-4	Posé temps levé 1st arabesque en ouvert and run to just behind centre stage. Chassé en avant to dégagé derrière on right en croise	Arms 3 rd right arm forward
1-2	Ballotté dessous en ouvert ballotté dessus en ouvert	Arms 3 rd left arm forward then right
3-4	Coupe under ballonné to 2 nd finished behind knee en croise	
5-6	Pas de bourrée en diagonale travelling to upstage left grand jeté en tournant	Arms through 5 th to 2 nd
7	Assemblé derrière	Arms to bras bas
8	Sissonne ouverte changée en avant en ouvert	Arms through 1 st into 1 st arabesque line
1-2	2 runs en avant en diagonale, grand jeté en avant in 2 nd arabesque en croisé	
3-4	2 steps turning to right towards 4 and grand jete en avant in arabesque en croisé onto the right leg	Arms through bras bas and 1 st to 4 th left arm raised
5-6	Pas de bourrée en diagonale travelling upstage right assemble dessus en tournant	Arms 5 th position
7-8	Changement into chassé en avant en croisé left foot devant Repeat on the 2 nd side	Arms through 2 nd to bras and then 3 rd left arm forward
NB	After the changement on the 2 nd side, pose en avant into the 5 th position en demi-pointe en croise, left arm 5 th , right hand on the hip fingers lightly clenched	

Study 3 - Grand allegro

From *Kaiser-Walzer* ("Emperor" Waltz) Op. 437

Johann Strauss II

Allegro, tempo di valse

The musical score is written for piano and features a melodic line. The tempo is marked "Allegro, tempo di valse". The score is in 3/4 time and consists of four systems of music. The first system shows the piano accompaniment in the bass clef and the melodic line in the treble clef. The second system continues the piano accompaniment and the melodic line. The third system continues the piano accompaniment and the melodic line. The fourth system continues the piano accompaniment and the melodic line. The score is written in a standard musical notation style with a key signature of one sharp (F#) and a time signature of 3/4.