INSPIRE

Studies

ROYAL ACADEMY OF DANCE

14+ DANCE
Scholarship Foundation

Study 1 – Allegro with Batterie - All

Johann Sebastian Bach – Gavotte, French Suite in G

Commence: Centre en croisé, Classical pose right foot derrière or dégagé derrière arms demi-bras

Intro – 2 bars

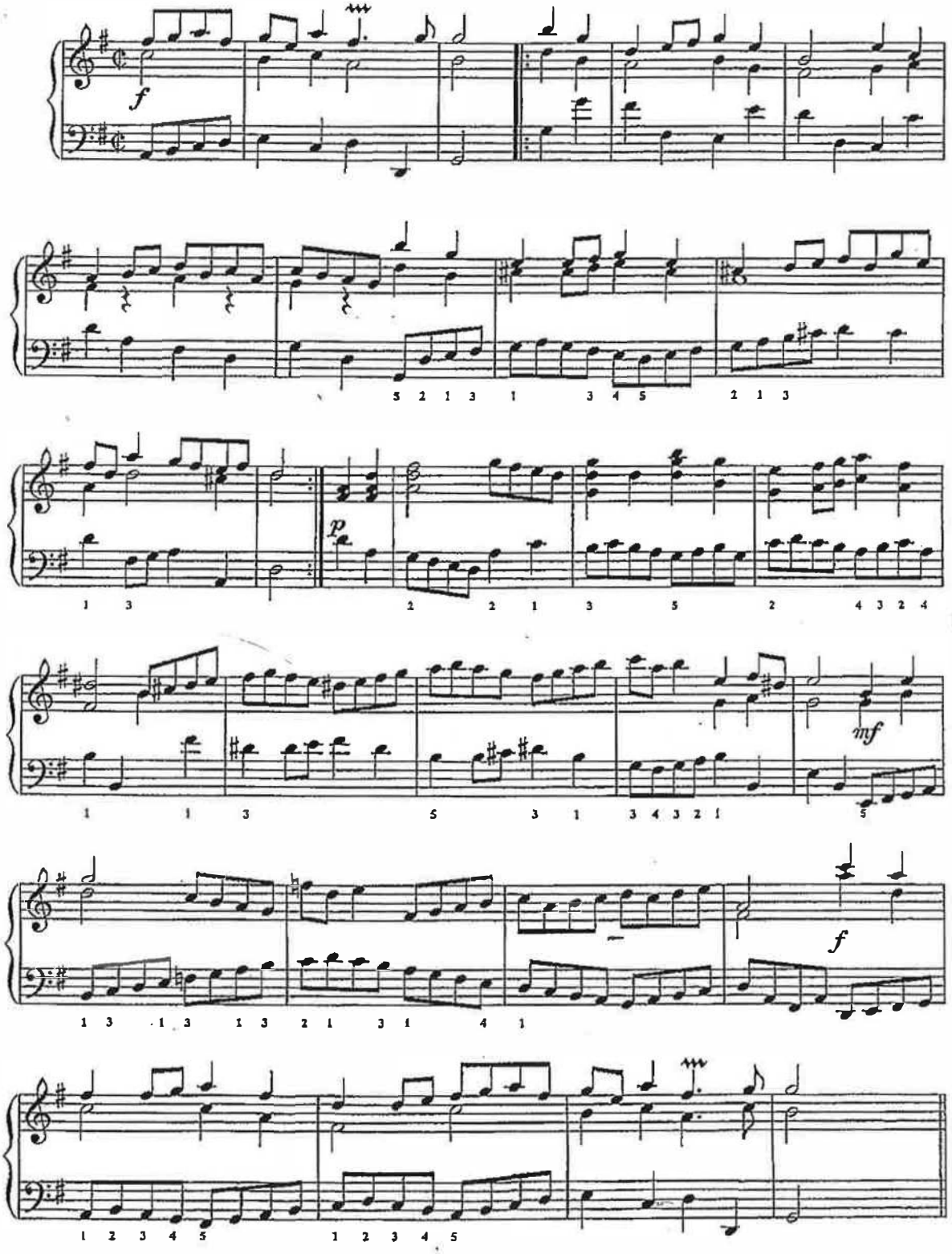
On last count	close right foot to 5th derrière en face	Arms to bras bas
1	Échappé sauté to 2nd en face	Arms through 1st to 2nd
2	Sissonne passé derrière with left foot finish derrière facing 5	Arms up sideways to 5th with side bend, body inclined to left
3-4	Posé en avant with left foot and assemblé en avant with right foot	Arms reverse through 1st position to left arm forward in 2nd arabesque line
5-6	3/4 detourné finish facing 6 left foot front 5th on demi-pointe	Arms to 5th
&7	Ballonné ecarté with left foot passing derrière	Leave left arm in 4th and lower right arm to 2nd
&8	Assemblé over	Opening left arm to 2nd
&1	Entrechat cinq derrière and posé right foot écarté upstage left foot retiré devant	Sweep arms from 2nd across body to right to 3rd arabesque or 3rd arms, line upstage head looking up to audience
2	Close 5th	Arms remain
3-4	2 entrechats quatres	Lowering arms to bras bas
5-6	Turning to face 5 glissade devant with left foot travelling upstage towards 8, assemblé dessous	Full port de bras to 4th open, left arm up looking to audience. Open wrists on assemble
7-8	Changement battu, entrechat trois derrière	Lowering arms to bras bas
1-4	Glissade derrière and jeté battu derrière towards 8, repeat glissade derrière and jeté battu toward 6, remain facing 5	Arms 3rd opposition but opening hand upwards on each jeté
5-6	Coupé brisé derrière	Full port de bras into 2nd arabesque line
7-8	Pas de bourrée dessous en tournant	Arms to bras bas
1-4	4 brisés dessus travelling downstage towards 6 with use of épaulement.	Arms lifting gradually to open arabesque line, eyes follow hand
&	Pick up back foot into small attitude devant	
5-7&	6 petits jetés devant traveling in circle round to right	Right arm port de bras to 4th
8	Petit assemble devant. Finish centre	Arms through 2nd to bras bas
	Repeat all to the other side but in place of last petit assemble step forward on left foot to Classical pose en croisé or dégagé derrière arms demi-bras	Full port de bras to demi-bras
	Finish Centre	

Study 1 - Allegro with batterie

Gavotte from the French Suite No. 5 in G major BWV 816

Allegretto ♩ = 96

Johann Sebastian Bach



Study 2 – Grand Allegro

(To be performed by dancers who identify as female)

Wolfgang Amadeus Mozart: Rondo alla Turca, from "Piano Sonata No. 11 in A major

Commence: Upstage left en croisé, Classical pose right foot derrière

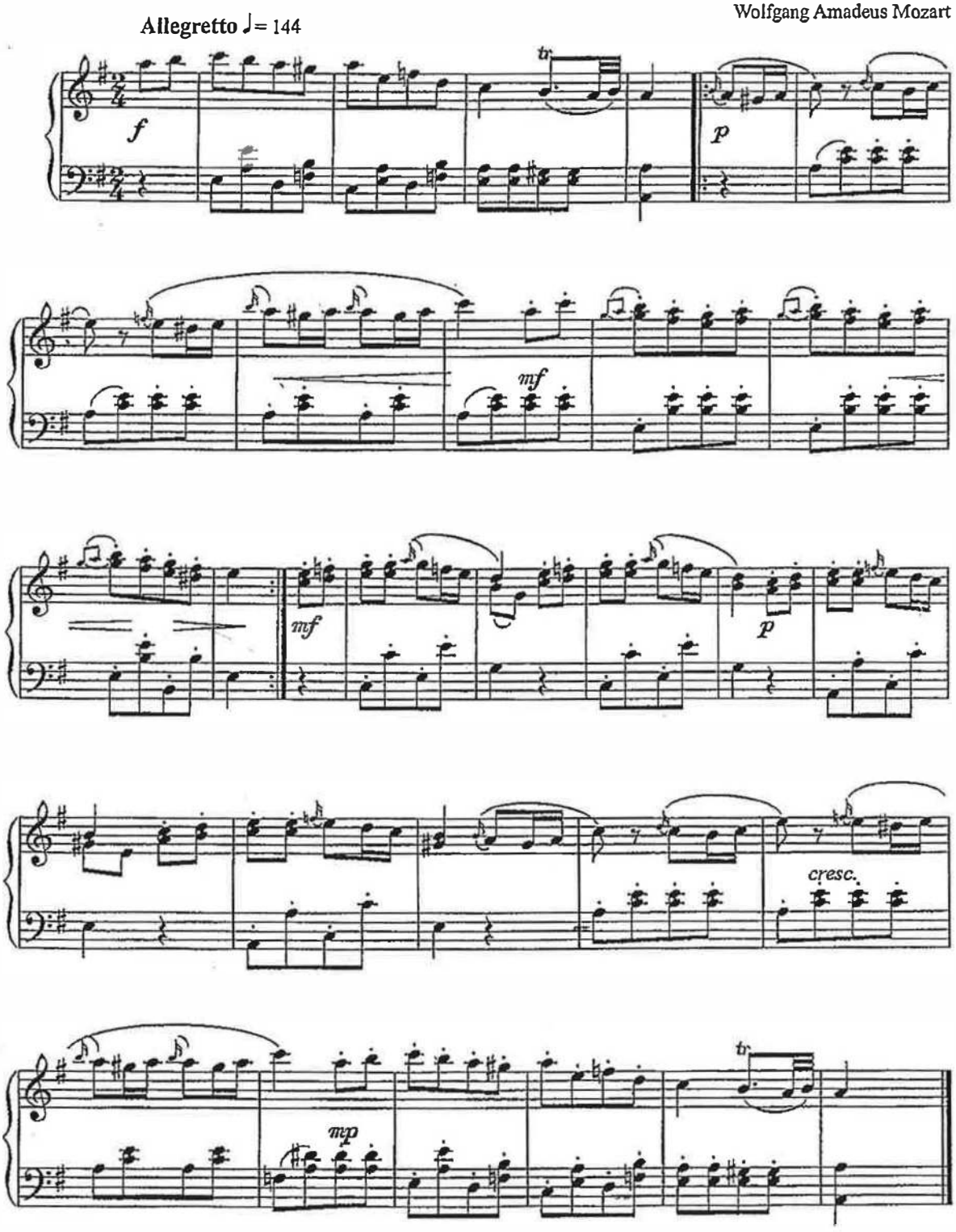
Intro – 4 bars

1	Posé temps levé on right towards 6 with accent up left leg in arabesque	Full port de bras to 4th with left arm and use of épaulement — head and eyes follow arm
2-3	Travelling well downstage towards 6 repeat pose temps levé twice	Full port de bras to 4th right arm raised and full port de bras to 4th left arm raised
4	Pose en avant on left	Opening left arm to audience
&a	First two steps of wide pas de bourrée over with right	
5-6	Swish right foot through 1st on demi-plié and temps levé in 2nd arabesque	Arms reverse through 1st position and under sweep to 2nd arabesque line
7-8	Travelling upstage pas de bourrée assemblé dessus en tournant finish facing 6	Full port de bras to 5th and hold on landing head to 1
1-2	2 runs en avant commencing with back foot and grand jeté en avant in 2nd arabesque	
3-4	Repeat counts 1-2 to left	
5-8	Temps levé on right in 1st arabesque en ouvert and run round to right upstage corner and stand in classical pose on right foot facing 5	From the arabesque arms move into 4th on run and open into 2nd
&1	Brisé en avant with back foot right leg extended devant	Arms 1st
2	Jeté élancé en avant	2nd arabesque line
&3	Pas de chat to left	Full port de bras to 5th head turned to left
&a4	Pas de bourrée dessus with back foot	Arms open to 2nd and turn wrists down, head to right on count 4
5-8	Repeat last 4 counts travelling well	
1-2	Step back on left and posé temps levé, swishing right leg through to arabesque	Right arm full port de bras to 4th with of use épaulement
3-4	Repeat posé temps levé on right	Open right arm 2nd , left arm to 4th
&	Step back on left dégagé right devant en croisé	Arms 3rd position right arm forward
5-8	Chaînés towards 6 finishing on right foot left foot dégagé derrière en ouvert Candidates choice of side	Arms 3rd arabesque line looking to audience

Study 2 - Grand allegro

Rondo "Alla Turka" from Piano Sonata No. 11 in A major K. 311, 3rd Movement

Wolfgang Amadeus Mozart



Study 3 – Grand Allegro

(To be performed by dancers who identify as male)

Johann Strauss II, Kaiser-Walzer ("Emperor" Waltz) Op.437

Commence: Upstage right en croise, left leg dégagé derrière, arms bras bas

Intro – 4 bars

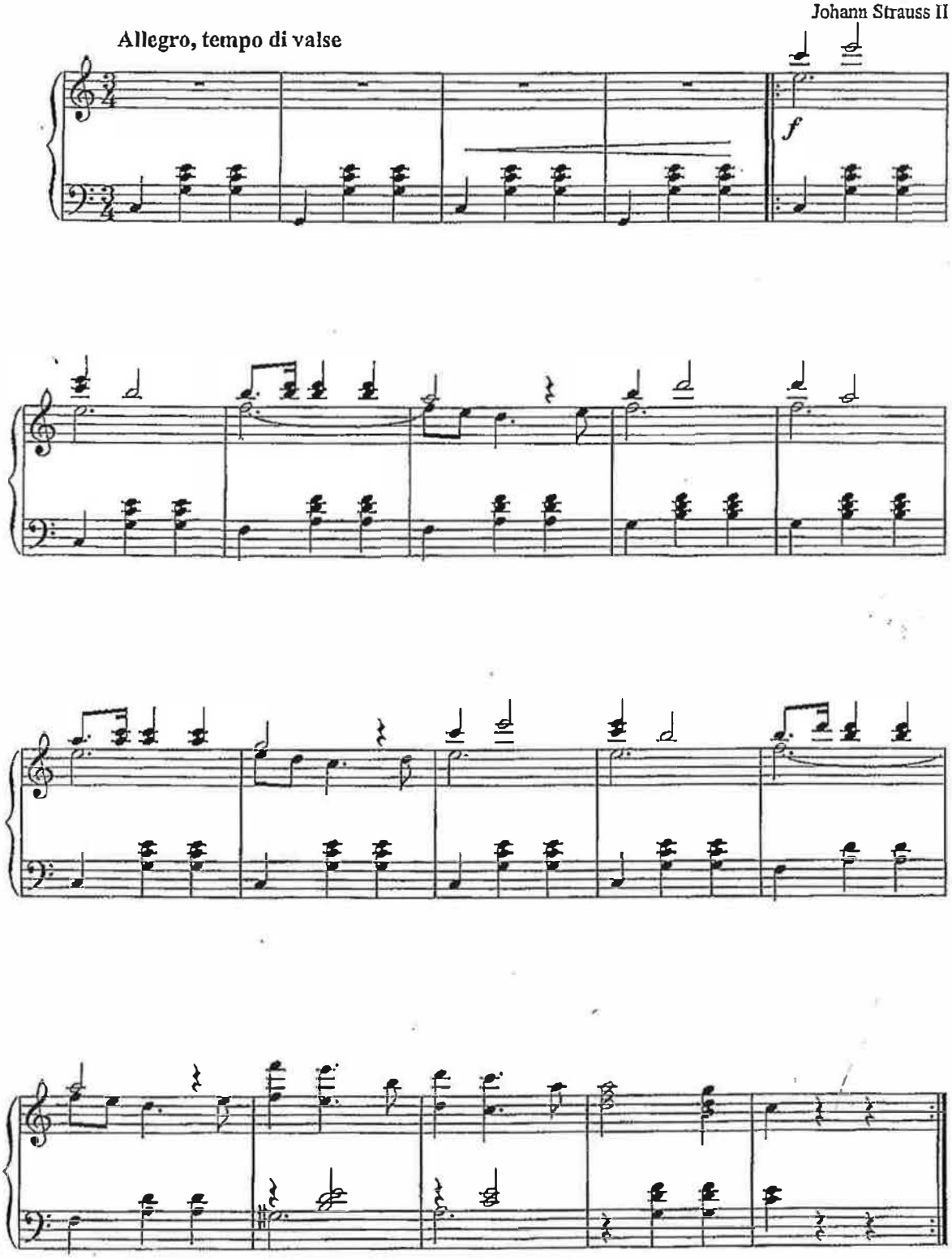
Intro 1-4	Posé temps levé 1st arabesque en ouvert and run to just behind centre stage. Chassé en avant to dégagé derrière on right en croise	Arms 3rd right arm forward

---

1-2	Ballotté dessous en ouvert ballotté dessus en ouvert	Arms 3rd left arm forward then right
3-4	Coupe under ballonné to 2nd finished behind knee en croise	
5-6	Pas de bourrée en diagonale travelling to upstage left grand jeté en tournant	Arms through 5th to 2nd
7	Assemblé derrière	Arms to bras bas
8	Sissonne ouverte changée en avant en ouvert	Arms through 1st into 1st arabesque line
1-2	2 runs en avant en diagonale, grand jeté en avant in 2nd arabesque en croisé	
3-4	2 steps turning to right towards 4 and grand jete en avant in arabesque en croisé onto the right leg	Arms through bras bas and 1st to 4th left arm raised
5-6	Pas de bourrée en diagonale travelling upstage right assemble dessus en tournant	Arms 5th position
7-8	Changement into chassé en avant en croisé left foot devant Repeat on the 2nd side	Arms through 2nd to bras and then 3rd left arm forward
NB	After the changement on the 2nd side, pose en avant into the 5th position en demi-pointe en croise, left arm 5th , right hand on the hip fingers lightly clenched	

Study 3 - Grand allegro

From *Kaiser-Walzer* (*"Emperor"* Waltz) Op. 437

Johann Strauss II

Allegro, tempo di valse