

# INSPIRE

Information 2024

Entry Requirements,  
Rules, Criteria for Judging  
and details of Variations



ROYAL ACADEMY  
OF DANCE

**14+ DANCE**  
*Scholarship Foundation*

# Entry Requirements

The 14+ Dance Scholarship Foundation is committed to celebrating and supporting diversity, equity and inclusion and encourages applications from all eligible RAD students.

Applicants are eligible to enter **INSPIRE** provided they:

- are current members of the Royal Academy of Dance
- are of non-professional status
- have passed the Royal Academy of Dance Advanced 1 Examination with Distinction, and have not taken the Advanced 2 examination at the time of participating in **INSPIRE**
- are under 17 years of age as at the date of the event
- have received training in New Zealand for a minimum of one year prior to the closing date of the Scholarship and are resident in New Zealand

## RULES

- The Judging Panel will assess the class, studies, classical variation and RAD Centenary variation; the decision of the Judging Panel is final
- The **INSPIRE** Award, Elvira Macrae Award and Alexander Grant Award, are awarded for further Classical Ballet training
- Awards can only be used for formal dance training; when winners are ready to claim their award, they will complete a proposal form and allow 4 weeks for it to be approved by the Trustees
- The Scholarship winners must commence further study within twelve (12) months of the date of the award; this time limit can only be extended at the Academy's discretion, and any funds not used within five (5) years of the date of the award will be forfeited
- All entries must be made on the official entry form
- All entry forms and payment must be received by the **closing date – Thursday 20 June 2024**
- Students may re-apply as many times as they wish, provided the entry requirements are met
- Students who do not follow the Entry Requirements and Rules may be disqualified
- The Foundation reserves the right to alter the Scholarship Rules and Entry Requirements at any time up to the closing date of a Scholarship event

## CRITERIA FOR JUDGING

Students will be judged throughout the Class, Studies and Variations on their ability to show the following interrelated elements, all of which make up the complete dancer:

- **Technique** incorporating correct posture and weight placement, co-ordination, control, line, spatial awareness and dynamic values
  - In pointe work, female students will be judged on their ability to perform a varied range of movements with strength and ease
  - In allegro, male students will be judged on their ability to perform varied levels of elevation with agility and ease
- **Musicality** incorporating correct timing, rhythm, response to phrasing, dynamics and atmosphere
- **Performance** incorporating expression, interpretation, communication and projection

# Studies and Variations

**INSPIRE** comprises an Open Class, two Studies, a Classical Variation and the RAD Centenary Variation. The Classical Variation is chosen from the listed classical 19<sup>th</sup> Century repertoire variations.

Please note: For ease of reference, we have retained the terms male and female for the variations in some places as these have traditionally been performed in this way. However, candidates may choose any of the classical variations they wish to perform regardless of these traditional terms.

## Studies

All candidates will perform Study 1 - Allegro with Batterie.

Candidates may choose to perform one of the following studies.

**Studies** Study 2 - Grand Allegro (to be performed by dancers who identify as female)  
Study 3 - Grand Allegro (to be performed by dancers who identify as male)

*The above studies and music scores are available on the website*

<https://nz.royalacademyofdance.org/our-dance-projects/14-dance-scholarship/music-for-studies-and-variations/>

## Variations

*Candidates will perform one Variation from the options below*

### Variations to be performed en pointe

#### **Sleeping Beauty**

(Crystal Fountain) (Variation Candide, 2/4-time signature, B flat major)

#### Prologue

#### First Fairy

#### **Sleeping Beauty**

(Diamond Fairy) (2/4 Vivace time signature, G major)

#### Act III No.23

#### Variation IV 'Diamant'

#### **Coppélia**

(Theme Slave Varie 3<sup>rd</sup> Variation) (2/4-time signature, A major)

#### Act I

#### Swanhilda

A short introduction has been added to this music to give the dancer the opportunity to be ready for the start of the variation

#### **Swan Lake**

(2/4 Allegro Simplice E flat major)

#### Act 1

#### Pas de Trois 1st female variation

#### **Napoli**

(2/4 Allegretto, G major)

#### Pas de Six

#### 5<sup>th</sup> variation

## Variations to be performed in flat shoes

<b>Giselle</b> First Male Variation (2/4 Allegretto time signature, D Major)	Act 1	Peasant Pas de Deux
<b>Giselle</b> Second Male Variation (6/8-time signature, E Major)	Act I	Peasant Pas de Deux
<b>Swan Lake</b> (6/8 Moderato, C minor)	Act 1	Pas de Trois A male Variation
<b>Napoli</b> (2/4 Allegro vivo, G major)	Pas de Six	1 <sup>st</sup> male variation
<b>Napoli</b> (6/8 Allegretto, D major)	Pas de Six	2 <sup>nd</sup> male variation

A link to the music for each of the above variations is available on our website. Please contact the RAD office on [info@rad.org.nz](mailto:info@rad.org.nz) for any further details about accessing music and information relating to the 19<sup>th</sup> Century Variations.

To see a performance and to confirm the choreography for each variation, please refer to the following public YouTube clips as a **guide**.

## Variations to be performed en pointe

**Sleeping Beauty, Prologue, First Fairy.** (Crystal Fountain) YouTube clip examples:

<https://www.youtube.com/watch?v=cSPkqzSHESg>

<https://www.youtube.com/watch?v=0nqMqc3T7pl>

**Coppélia, Act I, Swanhilda -**

YouTube clip featuring Leta Biasucci, Pacific Northwest Ballet

<https://www.youtube.com/watch?v=kafDNEtIEx4>

**Sleeping Beauty, Act III No.23, Variation IV 'Diamant'**

(Diamond Fairy) (2/4 Vivace time signature, G major)

YouTube clip from Paris Opera with choreography by Nureyev, featuring Marie-Agnes Gillot:

<https://www.youtube.com/watch?v=1FDHMWxRukg>.

**Swan Lake Act 1, Pas de Trois, 1st girl's variation**

YouTube clip from Royal Ballet, featuring Michael Coleman, Rosalyn Whitton and Sandra Conley. Approx. 2:30 in from start of YouTube clip: <https://youtu.be/lfarvwzc-JQ>

**Napoli, Pas de six, 5th variation**

Bournonville Napoli pas de six, 5th variation, featuring Linda Hindberg & Dolly Dorger. Two interpretations: <https://youtu.be/uYysUBZot4g>

## Variations to be performed in flat shoes

### **Giselle, Act 1, Peasant Pas de Deux**

1st male variation [https://www.youtube.com/watch?v=cw\\_13zDQ3xk](https://www.youtube.com/watch?v=cw_13zDQ3xk)

### **Giselle, Act I, Peasant Pas de Deux**

2<sup>nd</sup> male variation [https://www.youtube.com/watch?v=uHNSco\\_OUqk](https://www.youtube.com/watch?v=uHNSco_OUqk) or  
<https://www.youtube.com/watch?v=1RRMoeXRnpw>

### **Swan Lake, Act 1, Pas de Trois Male variation**

*YouTube clip from Royal Ballet, featuring Michael Coleman, Rosalyn Whitton and Sandra Conley: approx. 4:00 in from start of YouTube clip:*

<https://www.youtube.com/watch?v=lfarvwzc-JQ>

### **Napoli, Pas de six, 1<sup>st</sup> male variation**

Bournonville Napoli pas de six, 1<sup>st</sup> male variation, Royal Danish Ballet, 2014 Approx. 4:14 in from start of YouTube clip: <https://www.youtube.com/watch?v=aMAPPymbedY>

### **Napoli, Pas de six, 2<sup>nd</sup> male variation**

Bournonville Napoli pas de six, 2<sup>nd</sup> male variation Royal Danish Ballet, 2014. Approx. 7:00 in from start of YouTube clip: <https://www.youtube.com/watch?v=aMAPPymbedY>

# Procedure and Dress Code

## Procedure

In 2024, **INSPIRE** will take place on Sunday 8 September 2024 at Te Whaea, The National Dance and Drama Centre, Wellington. An audience will be present for the Class, Studies, Classical Variation and the Centenary Variation which are performed in front of a panel of two judges who are current or former professional dancers.

Students will have a 45-minute warm-up barre with music prior to the start of the class. A guest teacher will conduct the warm-up and non-syllabus class, which will be at Advanced 1 level and will last approximately 1½ hours. Starting with centre practice, the class will include pointe work for those who choose to do this, or a Grande Allegro enchaînement that is performed 2x2. The purpose of the class is to assess the students' technical, music and performance abilities in various styles of work.

After the class, each student will perform the studies followed by their chosen classical variation and then the Centenary Variation. 8-10 finalists will be chosen by the judges at the end of these performances. These finalists will perform their two variations (classical and Centenary) again that evening before the judges and an audience.

The Foundation will provide a pianist for the warm-up barre, class, studies and classical repertoire variations. A technician will operate the music for the Centenary Variation

**Rehearsals:** Candidates will be allocated approximately 10 minutes rehearsal time on stage at Te Whaea on Saturday 7 September 2024. The rehearsal schedule will be sent to all candidates approximately 6 weeks prior to the event.

## Dress Code

- **Class**  
The RAD's recommended Vocational Graded Examination uniform; candidates may wear soft pointe shoes (demi pointes) or flat shoes. Pointe shoes are required for those who choose to do the pointe work section of the class
- **Studies**  
The RAD's recommended Vocational Graded Examination uniform; candidates may also wear a black, navy blue or grey matching tutu for the Studies; candidates may wear soft pointe shoes (demi pointes) or flat shoes
- **Classical Repertoire Variations**  
The costume is the candidates' choice - however, it should be appropriate to the variation; a head-dress may be worn; alternatively, a leotard with tutu or appropriate skirt of any matching colour may be worn. Candidates will wear either pointe shoes or flat shoes according to their chosen variation
- **RAD Centenary Variation**  
The costume is again the candidates' choice, reflecting a suitability to the commissioned choreography and selected music. It may be performed en pointe or in flat shoes

## RAD Centenary Commissioned Solo Variation Information

2020 was the RAD's Centenary, and to mark this significant milestone, the 14+ Dance Scholarship Foundation commissioned a new RAD Centenary Variation from acclaimed NZ choreographer, Sarah Foster-Sproull, for its 2020 14+ Dance Scholarship event. This neo-classical variation will be performed again by all candidates of the 2024 Scholarship.

Sarah Foster-Sproull, is the Artistic Director of Foster Dance, and Creative NZ's former Choreographic Fellow. She has choreographic relationships with major NZ dance companies - Footnote Dance and the Royal NZ Ballet as well as companies in Edinburgh, China, Singapore and Fiji. Sarah has worked with students at the NZ School of Dance, created new work for Footnote and the Royal NZ Ballet, and was the choreographer for the 2019 World of Wearable Arts. She holds a Masters in Dance Studies (1st class Hons) from the University of Auckland.

The music for the Centenary Variation has been created by Eden Mulholland – a well-respected and prolific composer and sound producer for theatre, film and dance. Eden's first love was dance and as a result has composed for an array of companies and performance artists including Sarah Foster-Sproull on a number of occasions.

For the choreography and music, click on the links below:

RAD NZ Centenary Variation POINTE

<https://vimeo.com/375620274/eafc169303>

RAD NZ Centenary Variation FLAT

<https://vimeo.com/375618058/025991f9be>

RAD NZ Centenary Variation FLAT

<https://vimeo.com/375615690/093fa84a6c>